



SPEED CAMP

Grades 6-12

*Speed Training That Builds Faster,
Stronger, More Confident Athletes.*

- Improve Acceleration and Top Speed
- Develop Explosive Power
- Enhance Agility and Change of Direction
- Build Strength and Injury Resistance
- Increase Confidence for Sport

**Register Now
Before Camp Fills Up!**



June 9 – July 9, 2026

Tuesdays & Thursdays | 4:00–5:00 PM



EAGLE PARK
650 Franklin St.
Mountain View

**ONLY \$250 FOR THE
FULL 5-WEEK CAMP**



www.strengthnick.com

